

SPECIAL  
POINTS OF  
INTEREST:

IM-  
PORTANCE  
OF TRIAGE

IN  
DISASTER  
MANAGE-  
MENT.

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# LIFELINE NEWS

TRIAGE FIRST AID

15TH JAN 2016

## FROM OUR CEO'S DESK :

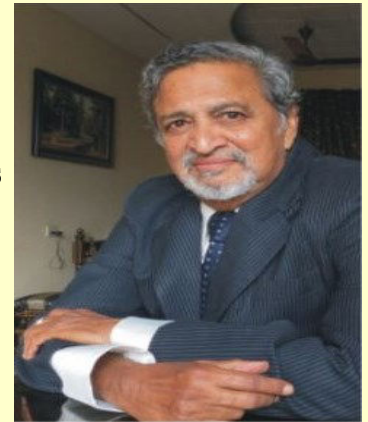
Greetings !!

In continuation of the series we bring our next edition of LIFELINE NEWS . We received a lot of queries & appreciation from the industry to our first edition which gave our efforts a great boost . Our main purpose of publishing a bulletin is to initiate a dialogue with Industry. It will contain articles related to First Aid, Industrial Health , Safety ,Environment, Health

Tips & some enjoyable humor. In our efforts of GO GREEN we will be sending you an e-bulletin every 3 months . With our motto being **LIFE IS PRECIOUS** we would like to discuss in this issue of how to be able to act effectively in a disaster situation & how to save lives without panicking or losing your cool.

WE also conduct First Aid training as a part of CSR activity for many companies , organize Awareness programs for Housing Societies .

Some of our Esteem Clients: BOSCH, Cipla, Glenmark, HUL, Reliance Industries, The Leela Mumbai, SI group, LAFARGE cements,Solvay group, Mahindra & Mahindra, Galaxy Surfactants, Godrej, Ambuja Cements, HR Johnsons, VVF soaps, etc . WE CONDUCT TRAININGS ALL OVER INDIA



### Our special activities

#### Celebrated International First Aid Day on 11th Sept 2015

First Aid Training was organized for small scale industry along with the **ROTARY CLUB Thana (W)** at the TMA hall Thane (W) it was inaugurated by **DISH Director Mr. Jayant Motghare** . This program was attended by 60 people.

On the 26<sup>th</sup> October a one day Training program at **Additional Ambarnath Manufacturing Association hall ( AAMA)** which was attended by 75 people. The initiative for organizing this program was taken by the MARG of Ambarnath

## FIRST AID QUIZ

- 1) Which artery supplies blood to heart muscles?  
A) carotid b) coronary
- 2) Which cells in blood help in clotting of blood?  
A) Platelets b) WBC
- 3) Circulatory Failure is called?  
A) Shock b) Asphyxia
- 4) Incase of drowning a victim may die due to ?  
A) Water in lungs  
B) No Breathing
- 5) Which is a punctured wound?  
A) cut finger  
B) Knife stab

### **Highlights in training**

- 1) **Advanced First Aid Training in BOSCH (Nashik)**
- 2) **Inhouse trainings**
- 3) **small scale industry workers training at AAMA .**
- 4) **International First Aid Day celebrated**

We will be pleased to receive your feedbacks , your contributions & views ,space permitting we would publish them. We welcome your advertisements to enhance your contacts & related business.

**MANY THANKS TO ROTARY THANA (W) AND THE MARG**

**AMBERNATH GROUP FOR WHOLE HEARTED SUPPORT OR-**

**GANIZING A WONDERFUL PROGRAM.**

## **FIRST AID NEWS**

Disaster can strike at any time & especially when you least expect it. In most cases of manmade or natural disaster the number of casualty is great and helping hands are few. Its in times like this we need maximum hands for help and a qualified quality First Aider will be god-send. But in these types of emergency along with treatment its also necessary to know how to handle the situation , how to segregate serious patients from the not so serious ones. Its also seen that the not so serious ones are the ones who claim most attention thus causing the serious ones to die due to inattention.

### **THINK!! THINK111**

- \*HOW TO ACT IN SUCH SITUATIONS ????????**
- \*WHAT PRECAUTIONS DO WE TAKE ??**
- \*HOW DO WE SEGGREGATE SUCH SERIOUS PATIENTS FROM THE NOT SO SERIOUS ONES??**

***This can be done if one knows about TRJAGE***

## TRIAGE FIRST AID

### THE STORY:

A bus full of people were going on an office picnic. The atmosphere in the bus was that of fun with people singing cracking jokes & generally having a good time. The bus driver too got caught up in this merry mood & started speeding the bus going above the speed limit.

There was a big pothole on the road due to which the bus driver lost control and the bus turned turtle resulting in a major mishap. Lots of people got injured. Fortunately in the bus were also a Doctor & 2 First Aiders but could these three people manage to deal What would we do if we were faced with this type of a situation???? . Such kind of situations can occur anywhere during earthquakes, floods , fire outbreaks , epidemics etc. How do we deal with such type of situations??

In our country we don't have protocols to deal with such incidents. However in advanced countries a simple & practical protocol START is followed . this is absolutely necessary in case of a CBRN ( Chemical, Biological, Radiological or Nuclear) event. Called TRIAGE.

### TRIAGE

A process for sorting injured people into groups based on their need for or likely benefit from immediate medical treatment.

Triage is used in hospital emergency rooms, on battlefields, and at disaster sites when limited medical resources to be allocated.



During the initial response phase, first responders can use the **START** protocol for the Primary Triage. “**START**” stands for **Simple Triage and Rapid Treatment**. The START protocol is intended to provide a simple technique to be used in conducting *Primary Triage* by the first rescuers arriving on scene. This will assist in quickly identifying those patients in need of *immediate treatment and transportation*. Triage takes priority over emergency treatment. All victims will need to be tagged. Emergency care administered by START teams is restricted to opening airways, controlling severe hemorrhage, and elevating patient's feet. Casualties will be tagged according to the seriousness of their conditions and placed into one of the following categories:

1) **Immediate (critical) = red tag** = for casualties with Assisted Ventilations over 30 per minute or capillary refill more than 2 seconds or no radial pulse or No response to simple command.

2) **Delayed (urgent) = yellow tag** = Any patient not in the immediate or minor categories. These patients are generally non-ambulatory.

3) **Minor (ambulatory) = green tag** = Any patient requiring medical attention who is not immediate or delayed and who is able to walk.

4) **Deceased (expired) = black tag** = No ventilations present after the airway is opened.

Using this type of protocol nos. of deaths can be reduced & victims can be saved from pain & death.

I hope you will find our bulletin interesting & informative. We welcome your queries & suggestions. Do mail us on [lifethane@gmail.com](mailto:lifethane@gmail.com)

*To end our note on a chuckle:*

*It is observed that in India a person will not wear a helmet while driving but without fail fix a scratchguard for the mobile screen which means that its OK in an accident to break your head but not your mobile screen.*

Answers to the Quiz

1 (b) 2 (a) 3 (a) 4 (b) 5 (b)